

# FEBRUARY 2024

## Pelham Park Middle School

**Breakfast Options:** Choose between a hot option and assorted cereals. Assorted Skim and 1% Milk offered daily. Juice and Fruit offered daily.

**Lunch Options:** Assorted Skim and 1% Milk offered daily. Grab and Go Sandwiches, Salad Bar, and Various Fruit offered daily.

### Monday



Mini French Toast

5

Chicken Supreme with Rice  
Dill Chicken Sandwich  
Sweet Potato Fries  
Spinach Bake

### Tuesday



Sausage Biscuit

6

Nacho Bar (Chicken or Beef)  
Nacho Fixins  
Black Beans  
Seasoned Corn

### Wednesday



Confetti Pancakes

7

BBQ Pork Plate  
Corn dog  
Baked Beans  
Fried Okra  
Potato Salad

### Thursday

Breakfast Pizza

1

BBQ Chicken Sandwich  
Deli Sandwich  
Baked Lays  
Lima Beans  
Fresh Veggies with Dip  
**ICE CREAM CUP**

Egg & Cheese Croissant

8

Chili with Grilled Cheese  
Hotdog with Fixings  
Potato Wedges  
Slaw

### Friday

Chocolate or Glazed Doughnut

2

French Bread Pizza  
Italian Dunkers with Marinara  
Italian Green Beans  
Caesar Salad

Chocolate or Glazed Doughnut

9

Stuffed Crust Cheese Pizza  
Stuffed Crust Pepperoni Pizza  
Green Beans  
Garden Salad

Cinni Minis

12

Chicken Nuggets  
Salisbury Steak with Gravy  
Buttered Roll  
Mashed Potatoes  
English Peas

Steak Biscuit

13

BRUNCH FOR LUNCH  
French Toast Sticks  
Sausage Links  
Tater Tots  
Oatmeal  
Baked Apples

Berry Sweet Pancakes

14

Heart Day Hotdog  
Be Mine Burger  
For-Ever Fixings  
Text Me Tater Tots  
Valentine Veggies & Dip  
Cupid Cookie

Breakfast Bagel

15

Chicken Quesadilla  
Beef & Bean Burrito  
Refried Beans  
Garden Salad  
Salsa & Sour Cream

Chocolate or Glazed Doughnut

16

Specialty Pizza  
(BBQ Chicken or Veggie)  
Cheese or Pepperoni Pizza  
Roasted Broccoli  
Baby Carrots with Ranch

Smoked Sausage Biscuit

20

Crispito with Fixins  
Fiestada Pizza  
Pinto Beans  
Southwest Corn

Chocolate Chip Pancakes

21

Spaghetti with Meatballs  
Meatball Sub  
Steamed Carrots  
Italian Green Beans

Breakfast Burrito with Salsa

22

Hot Wings with Roll  
Chicken Poppers  
Fresh Veggies with Dip  
Onion Rings  
Baked Beans

Chocolate or Glazed Doughnut

23

Old School Pizza  
Cheesy Pull-Aparts  
Squash & Zucchini  
Garden Salad

No School  
President's Day

Mini Waffles

26

BBQ Bone-in Chicken  
Country Fried Steak & Gravy  
Cornbread Muffin  
Black-eye Peas  
Sweet Potatoes  
Collard Greens

Chicken Biscuit

27

Taco Salad Bar  
Black Beans  
Seasoned Corn  
Peppers & Onions

Sausage Pancake Griddle

28

Chicken & Waffles  
Sausage Gravy & Biscuit  
Grits  
Hash browns  
Sliced Tomatoes  
Baked Apples

Muffin and Yogurt

29

Fish Boat  
Pulled Pork Sandwich  
Corn Nuggets  
Roasted Potatoes  
Slaw



Elementary Breakfast: \$1.50  
Elementary Lunch: \$3.00

Employee Breakfast: \$2.75  
Employee Lunch: \$4.00

Visitor Breakfast: \$3.00  
Visitor Lunch: \$4.25

Free and Reduced Applications can be found on the Pelham City School website under the Child Nutrition tab.