

Alabama State Department of Education Child Nutrition Program



Local Wellness Policy: Triennial Assessment Report

This tool is intended to be a guide based on current regulations. It is the responsibility of the LEA to stay abreast of any updates and changes to the regulations and to implement any changes in local policies.

Background Information

To be compliant with the USDA final rule, at least once every three years, the district will assess the Local Wellness Policy. However, Local Education Agencies (LEAs) may assess their policy more frequently if they wish.

Purpose

The district should designate a representative to lead the wellness policy assessment. This representative must publicly invite members from the community, schools, and the district to participate. Members of the district wellness committee who are completing the assessment of the Local Wellness Policy may use this template. Section 3 of this template should be copied and completed for each school.

This template contains the three required components of the triennial assessment:

- 1. the extent to which the wellness policy compares to model wellness policies
- 2. progress made in attaining the goals of the wellness policy
- 3. the extent to which schools under the jurisdiction of the districts are complying with the district Wellness Policy

Results

A copy of the assessment must be made available to the public. How the assessment is made available is the decision of the LEA. (i.e., district website, local newspaper, etc.). The triennial assessment summary and the assessment details (e.g., WellSAT 3.0 report) must be shared.

Recordkeeping for the Child Nutrition Program Administrative Review:

☐ a copy of the most recent triennial assessment, along with supporting documentation

☐ a copy of the current and previous board approval of the policy

documentation demonstrating the policy has been made available to the public

documentation of efforts to review and update the policy, including who was involved and how the district made stakeholders aware of their ability to participate (i.e., meeting agendas and sign-in sheets)

Local Wellness Policy: Triennial Assessment Summary

General Information

LEA: Pelham City Schools
Month and year of current assessment: June 2022
Date of last Local Wellness Policy revision: June 2022
Website address and/or information on how the public can access a copy of the Local Wellness Policy and Triennial Assessment: https://www.pelhamcityschools.org/departments/child_nutrition_program/wellness
Wellness Committee Information

District Wellness Coordinator

Name	School	Job Title	Email Address
Patrick McGavin	Central Office	CNP Director	pmcgavin@pelhamcityschools.org

Designated Wellness Assessment Leader (can be the District Wellness Coordinator)

How often does your district wellness committee meet? As needed

Name	School	Job Title	Email Address
Patrick McGavin	Central Office	CNP Director	pmcgavin@pelhamcityschools.org

District Wellness Committee Members

District Weilifess Collillitte	C WICHIBCI 3		
Name	School	Job Title	Email Address
Nicole Smith	PRES	CNP Manager	nsmith@pelhamcityschools.org
Anne Jordan	PHS	CNP Manager	ajordan@pelhamcityschools.org
Shannon Vines	POES	CNP Manager	svines@pelhamcityschools.org
Connie Rominger	PPMS	CNP Manager	cclark@pelhamcityschools.org
Ginger Aaron-Brush	POES	PE Teacher	gaaron-brush@pelhamcityschools.org
		Wall Street To	
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^{*}See page 13 for space to add Wellness Committee members.

Section 1. Comparison to Model School Wellness Policies

Complete a Triennial Assessment Tool (WellSAT3.0 assessment tool, or other cu	stomized assessment tool) and keep a
copy of the results on file for at least three full school years plus the current yea	r. It will be reviewed during the next
administrative review of your Child Nutrition program.	
- Compliant	
Indicate which model wellness policy language was used for comparison:	
Alliance for a Healthier Generation Model Policy	
	and include with your assessment)
Other (please specify):	
Describe how your wellness policy compares to the model wellness polic	/ (May use a hullet format to list comparisons)
	y. (Iway use a busice format to list comparisons)
WellSAT Scorecard Attached	

Section 2. Progress towards Goals

*NOTE: Required components are listed in blue.

Nut	trition standards for all foods and beverages for sale on	Describe progress and next steps:
the	school campus (i.e., school meals and Smart Snacks)	
Toi	be compliant with the USDA final rule and ALSDE: All foods and beverages available on the school campus during the school day as part of the school meal program meets or exceeds the USDA regulations for the National School Lunch and School Breakfast programs All foods and beverages outside of the school meal program are not sold within the timeframe of 1 hour before or after school meals per Alabama Implementation of USDA Smart Snacks in School and Fundraising Activity Smart Snack and Fundraiser Guidance and Implementation.pdf (alsde.edu) Provides an assurance that guidelines for reimbursable school meals shall not be less restrictive than regulations and guidance issued by USDA. pplicable, list additional school goals below:	- Compliant

Access to free potable water on campus	Describe progress and next steps:
To be compliant with the USDA final rule: Free, safe, unflavored drinking water is available to all students during mealtimes in the cafeteria. List how access to potable water is made available in schools.	- Compliant - Water fountains and water stations available in all cafeterias.

Section 2. Progress towards Goals continued

*NOTE: Required components are listed in blue.

Guidelines for other foods and beverages available on the Describe progress and next steps:	
school campus, but not sold	
To be compliant with ALSDE: All foods and beverages outside of the school meal program are not provided within the timeframe of 1 hour before or after school meals per Alabama Implementation of USDA Smart Snacks in School	11 X
and Fundraising Activity Smart Snack and Fundraiser Guidance and Implementation.pdf (alsde.edu)	
If applicable, list additional school goals below:	

Marketing and advertising of only foods and beverages that meet Smart Snacks	Describe progress and next steps:
To be compliant with the USDA final rule: Our school only markets or advertises foods and beverages that meet the USDA Smart Snacks in School nutrition standards on the school campus, during the school day.	- Compliant
If applicable, list additional school goals below:	

Section 2. Progress towards Goals continued

*NOTE: Required components are listed in blue.

Physical Activity Goal(s)	Describe progress and next steps:
To be compliant with the USDA final rule:	- Compliant
The district requires that a combination of physical activity opportunities be offered daily to all students, including students with disabilities, before during and after school.	- Required physical activity courses and extracurricular activities are available for all students.
List physical activity opportunities that are offered at schools:	

Nutrition Promotion and Education Goal(s)	Describe progress and next steps:
To be compliant with the USDA final rule: The district will ensure that students and staff receive consistent nutrition messages throughout the school campus including in classrooms, gymnasiums, and cafeterias. The district and all schools will promote healthy food and beverage choices for all students across the school campus during the school day and will encourage participation in school meal programs.	- Compliant - Nutrition promotion and education are provided through the CNP program and throughout the school day using specific resources made available in the schools and on the school website.
List how nutrition promotion and nutrition education are provided in schools:	

Section 2. Progress towards Goals continued

*NOTE: Required components are listed in blue.

Other school-based activities to promote student wellness goal(s)	Describe progress and next steps:
To be compliant with the USDA final rule: The district integrates wellness activities across the entire school setting, including the cafeteria, other food and beverage venues, classrooms, and physical activity facilities.	- Compliant
List other school-based activities that are offered by the district:	

CHECKLIST:

Triennial Assessment was made public:

Updated Wellness Policy received Board approval: (if applicable)

Date: 6/2022

Wellness Policy was made public:

Date: 6/2022

SIGNATURES:

PRINT NAME: Patrick McGavin

District Wellness Assessment Leader DATE: 6-28-2022

District Wellness Coordinator

PRINT NAME: Parick McGavin

DATE: 6-28-2022

PRINT NAME: Dr. Chuck Ledbetter

DATE: 6/28/2022

Print or copy this section to be completed by each school.

Blue area includes specific guidance. Gray area includes examples.

Place an "X" in the appropriate column by each bullet and add additional goals in the space provided.

Date: 6 /2022

School Wellness Leader: 5	1,00	S		
				Page 1 of 4
Nutrition guidelines for all foods and beverage for sale on the school campus (i.e., school meals and Smart Snacks)	es Meetin Goal	Partially Meeting Goal	Not Meeting Goal	Notes:
 To be compliant with the USDA final rule and ALSD All foods and beverages available on the school campus during the school day as part of the school meal program meets or exceeds the USI regulations for the National School Lunch and School Breakfast programs All foods and beverages outside of the school meal program are not sold within the timefram of 1 hour before or after school meals per Alabama Implementation of USDA Smart Snack in School and Fundraising Activity Smart Snack and Fundraiser Guidance and Implementation.pdf (alsde.edu) Provides an assurance that guidelines for reimbursable school meals shall not be less restrictive than regulations and guidance issued by USDA. If applicable, list additional school goals below 	e s			
Access to free potable water on campus	Meeting Goal	Partially Meeting Goal	Not Meeting Goal	Notes:
To be compliant with the USDA final rule: • Free, safe, unflavored drinking water is available to all students during mealtimes in the cafeteria.	×			
If applicable, list additional school goals below:				

Section 3: School Level Progress Report continued

Page 2 of 4

Guidelines for other foods and beverages available on the school campus, but not sold (i.e., classroom parties and rewards)	Meeting Goal	Partially Meeting Goal	Not Meeting Goal	Notes:
To be compliant with ALSDE: All foods and beverages outside of the school meal program are not provided within the timeframe of 1 hour before or after school meals per Alabama Implementation of USDA Smart Snacks in School and Fundraising Activity Smart Snack and Fundraiser Guidance and Implementation.pdf (alsde.edu)	×			
If applicable, list additional school goals below:				

Meeting Goal	Partially Meeting Goal	Not Meeting Goal	Notes:
X			
	Goal	Goal Meeting Goal	Goal Meeting Meeting Goal Goal

Page 3 of 4

Meeting Goal	Partially Meeting Goal	Not Meeting Goal	Notes:
×			
	1 - 1	Goal Meeting	Goal Meeting Meeting

Nutrition Promotion and Education Goal(s)	Meeting Goal	Partially Meeting Goal	Not Meeting Goal	Notes:
To be compliant with the USDA final rule: The district will ensure that students and staff receive consistent nutrition messages throughout the school campus including in classrooms, gymnasiums, and cafeterias. The district and all schools will promote healthy food and beverage choices for all students across the school campus during the school day and will encourage participation in school meal programs.	×			
Age-appropriate nutrition education lessons are provided to students in all grade levels throughout the school year National School Lunch/School Breakfast Week promotion				
List school goals in addition to the required outreach included in this section: School Breakfast Outreach Summer Food Service Outreach				

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		B		rage 4 01 4
Other school-based activities to promote student wellness goal(s)	Meeting Goal	Partially Meeting Goal	Not Meeting Goal	Notes:
To be compliant with the USDA final rule: The district integrates wellness activities across the entire school setting, including the cafeteria, other food and beverage venues, classrooms, and physical activity facilities.	×			
Examples: Social Emotional Development Counseling Health Services Physical Environment Caregiver (Family) Engagement Community Involvement				
List school wellness activity goals in this section:				

Request for Resources and Support

Check the resources and support below if you would like to request assistance for your school in meeting the wellness goals?	
□ content specific training (i.e., Nutrition Education, Physical Education/Activity)	
assistance with a school-based health assessment	
strategies for implementing the local Wellness Policy	
☐ healthy and profitable non-food fundraisers	
☐ healthy school non-food celebrations	
☐ increasing engagement	
🗖 grant writing support	
□ local and state resources	
□ other (please specify):	
Local Wellness Policy Recommendations	
This space is for your school to make recommendations for suggested wellness policy revisions for the district wellness committee to consider.	
Signatures:	
District Wellness Assessment Leader: 6-8-22 School Wellness Leader: 56-8-22 Principal: 0-8-22 DATE: 6-8-22 DATE: 6-8-22	
District Wellness Assessment Leader: 6-8-22 DATE: DATE: DATE: DATE: 1.	

Print or copy this section to be completed by each school.

Blue area includes specific guidance. Gray area includes examples.

Place an "X" in the appropriate column by each bullet and add additional goals in the space provided.

School: Parmy Room Date: 10/2022						
School Wellness Leader:	бин	1000				
Nutrition guidelines for all foods and beverage for sale on the school campus (i.e., school meals and Smart Snacks)	es Meeting Goal	Partially Meeting Goal	Not Meeting Goal	Page 1 of 4 Notes:		
 To be compliant with the USDA final rule and ALSD All foods and beverages available on the school campus during the school day as part of the school meal program meets or exceeds the USD regulations for the National School Lunch and School Breakfast programs All foods and beverages outside of the school meal program are not sold within the timefram of 1 hour before or after school meals per Alabama Implementation of USDA Smart Snack in School and Fundraising Activity Smart Snack and Fundraiser Guidance and Implementation.pdf (alsde.edu) Provides an assurance that guidelines for reimbursable school meals shall not be less restrictive than regulations and guidance issued 	DA e s					
by USDA. If applicable, list additional school goals below	J:					
Access to free potable water on campus	Meeting Goal	Partially Meeting Goal	Not Meeting Goal	Notes:		
To be compliant with the USDA final rule: Free, safe, unflavored drinking water is available to all students during mealtimes in the cafeteria.	×					
If applicable, list additional school goals below:						

Section 3: School Level Progress Report continued

Page 2 of 4

Guidelines for other foods and beverages available on the school campus, but not sold (i.e., classroom parties and rewards)	Meeting Goal	Partially Meeting Goal	Not Meeting Goal	Notes:
To be compliant with ALSDE: • All foods and beverages outside of the school meal program are not provided within the timeframe of 1 hour before or after school meals per Alabama Implementation of USDA Smart Snacks in School and Fundraising Activity Smart Snack and Fundraiser Guidance and Implementation.pdf (alsde.edu)	×			
If applicable, list additional school goals below:				

Marketing and advertising of only foods and beverages that meet Smart Snacks	Meeting Goal	Partially Meeting Goal	Not Meeting Goal	Notes:
Our school only markets or advertises foods and beverages that meet the <u>USDA Smart Snacks in School</u> nutrition standards on the school campus, during the school day.	×			
If applicable, list additional school goals below:				

Page 3 of 4

Physical Activity Goal(s)	Meeting Goal	Partially Meeting Goal	Not Meeting Goal	Notes:
To be compliant with the USDA final rule: The district requires that a combination of physical activity opportunities be offered daily to all students, including students with disabilities, before during and after school.	×			
Physical education: (structured and unstructured play) Our school prohibits withholding activities/recess as a punishment.				
List school goals in this section:				

Nutrition Promotion and Education Goal(s)	Meeting Goal	Partially Meeting Goal	Not Meeting Goal	Notes:
To be compliant with the USDA final rule: The district will ensure that students and staff receive consistent nutrition messages throughout the school campus including in classrooms, gymnasiums, and cafeterias. The district and all schools will promote healthy food and beverage choices for all students across the school campus during the school day and will encourage participation in school meal programs.	X			
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Examples: Social Emotional Development Counseling Health Services Physical Environment Caregiver (Family) Engagement Community Involvement				
List school wellness activity goals in this section:				

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Check the resources and support below if you would like to request assistance for you wellness goals?	ur school in meeting the
☐ content specific training (i.e., Nutrition Education, Physical Education/Activity)	
assistance with a school-based health assessment	
☐ strategies for implementing the local Wellness Policy	
☐ healthy and profitable non-food fundraisers	
☐ healthy school non-food celebrations	
☐ increasing engagement	
☐ grant writing support	
□ local and state resources	
□ other (please specify):	
Local Wellness Policy Recommendations	
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Signatures:	
District Wellness Assessment Leader:	DATE: Cafefor
School Wellness Leader:	DATE: 06 07 2022
Principal:	DATE: 06 07 2072
Page 12	

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Place an "X" in the appropriate column by each bullet and add additional goals in the space provided.

School: Perma Pour	-0.50 YU.			Date: 6/2022
School Wellness Leader:	Romin	ver		Page 1 of 4
Nutrition guidelines for all foods and beverage for sale on the school campus (i.e., school meals and Smart Snacks)	Meetin Goal	g Partially Meeting Goal	Not Meeting Goal	Notes:
To be compliant with the USDA final rule and ALSD	E:	7 242		
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	Goal	Meeting Goal	Meeting Goal	
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School: Person Pour

Section 3: School Level Progress Report continued

Page 2 of 4

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Page 4					
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□ other (please specify):	
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Signatures:	
District Wellness Assessment Leader:	DATE: 6-8-22
School Wellness Leader: 5 min 2	DATE: 6. 24.22
Principal: Zerry Simel	DATE: 4-8-22
Page 12	

Page 12 Local Wellness Policy: Triennial Assessment

Print or copy this section to be completed by each school.

Blue area includes specific guidance. Gray area includes examples.

Place an "X" in the appropriate column by each bullet and add additional goals in the space provided.

Date: 6/2022

				Page 1 of
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Section 3: School Level Progress Report continued

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List school wellness activity goals in this section:				

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O content specific training (i.e., Nutrition Education, Physical Education/Activity) O assistance with a school-based health assessment O strategies for implementing the local Wellness Policy
D healthy and profitable non-food fundraisers O healthy school non-food celebrations
O increasing engagement
O grant writing support O local and state resources
O other (please specify):
Local Wellness Policy Recommendations
This space is for your school to make recommendations for suggested wellness policy revisions for the district wellness committee to consider.
Signatures:
District Wellness Assessment Leader: DATE: 6-27-22
School Wellness Leader:
Anne Jordan DATE:6/28/22

DATE:_

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